

Hank Lopez Community Center

1694 Adrian Way, San José 95122

Phone: 408-251-2850
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Bus Lines: 70

Types of Programs: Fee classes, senior progams, senior nutrition,

sports, youth programs.

DANCE

Ballet/Tap For Tots

\$49

Beginning lessons for ballet/tap. Students must wear hard soled shoes and loose clothing or leotard. Parents are allowed to stay for the first 10 minutes of the first day of class and for the class recital.

No Class	10/11		Instructor: Dance Arts Academ				
Course#	Day	Date	Time	Age	Mtg.	Loc.	
211.2.203	М	10/4-11/29	3-3:55pm	3-5	8	HL	

Jazz Hip-Hop

\$55

Explore beginner and intermediate Hip-Hop dance, music and culture through regular practice of various routines and dance techniques. Develop coordination skills, interpersonal skills, and overcome performance anxiety' and of course have fun doing it.

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
211.2.201	W	10/6-11/10	6-6:45pm	7-12	6	HL

Jazz/Hip-Hop Dance

\$49

Come join this high energy and serious fun dance class. You'll learn great dance moves and routines that will impress your friends. Boogie to the most popular songs and get in shape at the same time. Warm ups and cool down exercises included. This co-ed dance class is best with lots of people...so tell your friends and family members to join with you.

No Class 10/11

Instructor: Dance ArtsAcademy

Course#	Day	Date	Time	Age	Mtg.	Loc.
211.2.204	М	10/4-11/29	4-4:55pm	7-12	8	HL

Tap/Ballet Combo

\$55

In this joyful combination class of ballet and tap, routines, steps, and ballet positions are taught. Come shuffle those happy feet and learn some basic tap steps and routines.

Instructor: DanceKids

Course#	Day	Date	Time	Age	Mtg.	Loc.
211.2.202	W	10/6-11/10	5-5:45pm	3-5	6	HL

EARLY CHILDHOOD RECREATION

Please read the ECR Policy on page 90.

Tiny-Tots

\$175

This class helps your child prepare for pre-school and kindergarten. Classes are designed to promote independence, improve social, cognitive, and movement skills. Activities include crafts, stories, playtime and simple learning concepts. Child must be completely toilet trained and able to attend the class by themselves.

No Class 10/11, 11/11, 11/25, 11/26				I_{I}	nstruct	or: Tam
Course#	Day	Date	Time	Age	Mtg.	Loc.
211.2.301	M/W/F	10/4-12/3	9-11:30am	3-4	25	HL
Tiny-To	ts					\$145
Tiny-To	ts Day	Date	Time	Age	Mtg.	\$145 Loc.

KinderTots \$175

This class emphasizes age appropriate activities, which may include crafts, stories, drama, music, and games used to develop socialization skills, hand/eye coordination, and motor skills. Children should have a general understanding of their numbers and letters so that these skills can be improved, however, the emphasis of the class is on fun. Child must be toilet trained.

No Class 10/11, 11/11, 11/25, 11/26			Instructor: Tan			
Course#	Day	Date	Time	Age	Mtg.	Loc.
211.2.303	M/W/F	10/4-12/3	12-2:30pm	4-5	25	HL
KinderT	ots					\$145
Course#	Day	Date	Time	Age	Mtg.	Loc.
211.2.304	T/Th	10/5-12/2	12-2:30pm	4-5	16	HL

MUSIC/THEATER ARTS

Piano Keyboard

\$67

A class in basic piano skills and music reading. Principles of rhythm, melody, harmony, and ear training are taught with the aid of tonally accurate portable keyboards provided by the instructor. Participants will enjoy this individual approach. Access to a piano or keyboard is recommended. A \$7.50 music book fee payable to the instructor will be collected at the first class. Students must bring their own set of headphones.

No Class	11/27	Instructor: Noteworthy Mi				(Music
Course#	Day	Date	Time	Age	Mtg.	Loc.
211.2.401	Sa	10/16-12/11	10-10:45am	6-7	8	HL
211.2.402	Sa	10/16-12/11	10:45-11:30am	8-12	8	HL

Visit us on the web at www.sanjoseca.gov/prns or email us at PRNS@sanjoseca.gov



SPORTS & FITNESS

Cheerleading

\$55

Children learn cheerleading moves, routines and cheers. This class helps children gain self-esteem while they have fun learning. This class is designed to teach beginners the basics and improve the skills of those more advanced. By the end of the session, the children will be ready for an in class cheerleading competition with their peers. Pom Poms will be available for purchase from the instructor. Uniforms are also available for purchase, but are not required.

No Class 11/27				Instruct	or: K	idSafe
Course#	Day	Date	Time	Age	Mtg.	Loc.
211.2.513	Sa	10/16-12/11	10-10:40am	Beg 5-7	8	HL
211.2.514	Sa	10/16-12/11	10:50-11:30am	Beg 8-13	8	HL
211.2.515	Sa	10/16-12/11	11:40am-12:20pm	Adv 5-13	8	HL

Self-Defense

\$70

Children learn self-defense and safety awareness in a fun and safe environment. Classes are tailored to each age group according to physical, mental, and emotional ability. Children are taught both verbal and physical skills involved in self-defense. Emphasis is placed on increasing the student's awareness of potentially dangerous situations.

				Insti	uctor: I	KidSafe
Course#	Day	Date	Time	Age	Mtg.	Loc.
Beginning						
211.2.510	T	10/5-12/7	5:15-5:55pm	5-13	10	HL
Yellow Be	lt					
211.2.511	T	10/5-12/7	6-6:40pm	5-13	10	HL
Color Belt						
211.2.512	T	10/5-12/7	6:45-7:25pm	5-13	10	HL

SPORTS LEAGUE

Flag Football

\$40

It's a great time to learn the basics of the game. Join a funpetitive league, where no score is kept. Learn new skills and make new friends. The cost of the league includes supplies, officials, equipment, and participant T-shirt, trophy, and end of the season banquet.

Course#	Day	Date	Time	Age	Mtg.	Loc.
211.2.910	Sa	9/11-11/15	TBA	4-11	8	HL

"Si necesita asistencia para traducir el Guía de Actividades del Departamento de Parques Recreación y Servicios a la Comunidad de la Ciudad de San José, por favor comuníquese con la línea de información de la Ciudad de San José al (408) 277-4000."

SPECIAL EVENTS

Lights On Afterschool! is a nationwide event celebrating after school programs and their important role in the lives of children, families and communities. Please join us on October 14, 2004 as we celebrate all the great things that the after school program has to offer. The event will call attention to after school programs and the resources required to keep the lights on and the doors open.

Participating Sites:

Cureton Elementary School, Dorsa Elementary School, McCollam Elementary School, Mt. Pleasant Elementary School, Sanders Elementary School

DROP-IN YOUTH PROGRAMS

Hank Lopez Youth Advisory Council

Hank Lopez Youth Center is seeking dynamic, outgoing youth between the ages of 12-17 to implement new exciting after school recreation programs to meet once a month. Please call the center for dates and times.

Hank Lopez Youth Program

Monday- Thursday 2:30pm-8pm, Friday 2:30-6pm

Homework: (Times will be adjusted to fit the needs of the students). Homework help is offered Monday – Thursday from 2:30-3:45pm. Recreation Leaders are on site to assist students with their homework if needed.

Drop-In Recreation: Recreation activities will be conducted after homework. Discover age appropriate arts and crafts, science projects, board and video games, indoor and outdoor sports leagues, fitness room, break dancing practice sessions, and table tennis and pool tournaments. Members may suggest, implement and assist with projects of there own interest as well. For more information please call 408-251-2850.

Community Service Opportunities:

Hank Lopez Youth Program offers community service hours to youth ages 12-17 years old. Youth can complete community service hours for school graduation, Sentencing Alternatives Program, Restorative Justice Program or other county purposes. For more information contact the community center.

*Programs/field trips subject to change without notice. Please call Hank Lopez Community Center for more information.

SENIOR PROGRAM

For more information on Hank Lopez Senior Center, see page 19.

Hank Lopez Center continues on the page 82



SAN JOSE AFTER SCHOOL

Hank Lopez Area

San José After School is a partnership by the City of San José, with school districts, community-based organizations, teachers and parents to provide safe, fun and enriching activities for youth after school.

After school programs promote healthy youth development and student learning. This includes homework centers and tutoring, recreation, arts, and enrichment activities, and technology centers. Youth will enjoy safe, fun, and enriching activities at sites located throughout San José.

There are wonderful after school programs in your area. For more information about schools, libraries, and centers offering afterschool programs, please contact 408-277-5238.

Types of Programs

Level 1: Homework Assistance. Level one sites offer afterschool homework help at many locations in San José.

Level 2: Safe and Accessible After School Programs. Level two sites offer integrated recreation and literacy and math enrichment programs.

Level 3: Integrated and Comprehensive approach After School Programs. Level three sites integrate literacy, leadership, education, nutrition, cultural arts and recreation activities.



Sites	Level	Time
Arbuckle Elementary School	Level 1	*
Cassell Elementary School	Level 1	*
Cesar Chavez Elementary School	Level 1	*
Cureton Elementary School	Level 3	2-6pm
Dorsa Elementary School	Level 3	2-6pm
Educational Park Branch Library	Level 1	*
Fischer Middle School	Level 3	2-6pm
Foothill High School	Level 1	*
Goss Elementary School	Level 3	2-6pm
Hillview Branch Library	Level 1	*
James Lick High School	Level 1	*
Jose Valdez Math	Level 1	*
Institute at J. L. H.		
Joseph George Middle School	Level 2	2:30-5pm
Lee Mathson Middle School	Level 3	2-6pm
Linda Vista Elementary School	Level 1	*
Lyndale Elementary School	Level 1	*
Mayfair Community Center	Level 2	2:30-5pm
McCollam Elementary School	Level 3	2-6pm
Meyer Elementary School	Level 1	*
Miller Elementary School	Level 1	*
Mt. Pleasant Elementary School	Level 3	2:30-6pm
Mt. Pleasant High School	Level 1	*
OB Whaley Elementary School	Level 3	2:30-6pm
Painter Elementary School	Level 1	*
Pala Middle School	Level 3	2-6pm
Poco Way Apartments	Level 1	*
Rogers Elementary School	Level 1	*
San Antonio Elementary School	Level 3	2:30-6pm
Sanders Elementary School	Level 3	2:30-6pm
Sheppard Middle School	Level 2	2:30-5pm
Shields Elementary School	Level 3	2:30-6pm
Slonaker Elementary School	Level 3	2:30-6pm
St. John Vianney Catholic School	Level 1	*
Thomas P. Ryan Elementary	Level 1	*

^{*} Homework Assistance offered at individual sites immediately following the end of the school day (approximately 2:30-3:30pm).

The date, time, and location of activities published are correct at the time of publication.

Due to unforeseen circumstances, the information published may change.